

Lock-Down Sunday School – A 4-week series about Trusting God

Do whatever you want to make this work for you – feel free to use your own ideas/resources, change around the order, or skip things entirely.

Option 1 – Sunday School – use this as a normal Sunday School lesson, on Sunday morning (or whenever) – doing one thing from each category will take about 30minutes to an hour and half (or longer) depending on which things you choose to do.

Option 2 – Everyday Devotional – do a little everyday – break down the story into smaller chunks to focus on each day. Pick an activity or two to do each day. I recommend spending a few days learning the Bible verse & songs, if you're using those options.

Week 1 – Noah's Ark

Worship Time

Learn these new songs, or sing your favourite worship tunes:

I'm Trusting You - <https://www.youtube.com/watch?v=0VDpHibftHs>

I Will Trust in You - <https://www.youtube.com/watch?v=TIJU3te81Dg>

Lesson Time

Under-5s

- Read the story of Noah from a children's Bible.
- Throughout the story ask questions like:
 - How do you think Noah felt when God told him what was going to happen?
 - What is your favourite animal/can you find (specific animals) in the picture?
 - What do you think Noah's family did while they were in the boat for all that time?
 - How do you think Noah felt when the rain stopped?
 - Can you find (specific colour) in the rainbow?
 - Do you remember why God put a rainbow in the sky?
- After the story tell your child, "Noah trusted God – he believed that God would keep him and the animals safe in the flood"

Over-5s

- Brainstorm together what the word 'Trust' means to you
- Read or watch the story of Noah – pick an option:

- In the Bible – Genesis 6:8-9:17 – have your child find the story, and take turns reading a few verses at a time – make sure to explain any words they don't know
- In a kids storybook Bible
- Videos – The long version (25 minutes) - https://www.youtube.com/watch?v=Ni1Y_ZHG-es
The short version - <https://www.youtube.com/watch?v=qzYiy6lhRag> or <https://www.youtube.com/watch?v=4yzN0fUxjkQ&t=3s>
- Questions (use the ones that fit your child's understanding):
 - How do you think Noah felt when he heard God's plan?
 - How did Noah show he trusted God?
 - Was God trustworthy?
 - When have you trusted God (good for everyone to answer)
 - What was your favourite part of the story?
 - What surprised you about this story?
 - Do you have any questions?
- Other Story Ideas (if you're telling it multiple times during the week)
 - Act it out together (kids' Bibles make good basic scripts) – make sure you find some good props and costumes
 - Make your own book – write down the main points & have each person illustrate a few pages
 - Build an Ark that you can all get into and tell the story as though you're Noah and his family, stuck on the boat

Activities – do as many or as few as you want

Memory Verse:

Proverbs 3:5-6 Trust in the Lord with all your heart and lean not on your own understanding. In all your ways acknowledge Him and He will direct your path.

Ways to Learn it:

- With one of these cool songs:

<https://www.youtube.com/watch?v=FUR1ufexry0> or
https://www.youtube.com/watch?v=t_zUJC4aAJc

- Make a pathway: write the words of the verse on individual pieces of paper & turn it into a path to walk along. One at a time walk the path, saying the words of the verse

at the same time. After each person's turn they can remove a piece (or several). The next person must jump over the spot where the missing word was, but still say the word. Repeat until the whole verse has been removed & everyone can say the verse without reading it. You might want to only do half the verse if you think your child will struggle with learning the whole thing at once.

Crafts:

- Go on a colour hunt – find materials for every colour of the rainbow & then glue them to a sheet of paper in a rainbow shape. You could end up with a stripe of green leaves, blue paper torn from a magazine, purple flower petals, and so on. Make it as crazy as you want, or stick to your usual craft supplies
- Rain Sticks – this would make a good story prop – make them & then have the kids make the sound of the rain as you tell the story. They suggest rice or lentils but to conserve food you may prefer to use small stones, beads, or other tiny objects. Instructions here: <https://cuttingandsticking.co/around-the-world-australia/>
- Preschool Rainbow Craft: feel free to substitute the paper plate with a half circle of paper or card, and if you don't have coloured paper the child can colour strips of plain paper. <https://learning.innerchildfun.com/2015/03/paper-plate-crafts-for-preschoolers.html>
- Flying dove: for US\$2 you can download the pattern for this, alternatively you can draw your own/find a different dove to print out https://www.daniellesplace.com/html/bible_themes_noah.html#dove

Games/Playtime:

- Use lego or other building toys to build an ark
- Turn a big cardboard box into an ark – load it up with toy animals
- Noah Charades/Pictionary – write key nouns or actions from the story on small pieces of paper (keep them simple for younger kids & make them more complicated for older ones. Sometimes I'll have separate piles for each age group). Fold them up and put them in a bowl. Take turns pulling out a word and either acting it out or drawing it. Here's a list to get you started (get the kids to help you make your own list): Boat, kangaroo (or ANY other animal – get creative!), fighting, door, rainbow, rain, waves, Noah, building...

More things to do Online:

- Watch the virtual tour of the Ark Encounter – a life-size replica of the Ark. This is best for older kids, as some things may need explaining. E.g. they include small dinosaurs and other prehistoric animals in the cages. Please explain to your children that the Bible does not state exactly which animals were on the ark, and that Christians have

different views about some of the things included – not everyone has to agree on this stuff, because if God didn't think it was important enough to be in the Bible, it isn't important enough to fight over. Find the tour here:

https://www.youtube.com/watch?v=gvUVWAa_sYI

- Keep an eye on our Pinterest page – I'll be adding more activities as I come across them: <https://www.pinterest.nz/craftsitter/kids-ministry-at-home/>